



RESET: Journey into Psychedelic Embodiment

On February 4th, 2023, Australia became the first country to legalise psychedelics, allowing psychiatrists to prescribe MDMA for PTSD and psilocybin for severe depression starting July 1st. This milestone marks a significant advancement in mental health treatment, though challenges remain in ensuring these treatments' effectiveness and accessibility.

Join Dr. Mario Alam for an intimate workshop where he will share insights from his two decades of medical practice, exploring the transformative potential of psychedelics. This session will navigate the current psychedelic landscape, offering practical tools for emotional and psychological healing. Participants will engage in somatic practices and epigenetic exploration to address intergenerational trauma, aligning with innovative mental health practices and holistic wellness.

Delivery Options:

- Option 1 – 1hr Talk with whiteboard
- Option 2 – 1.5hr Talk with whiteboard and short process
- Option 3 – 2hrs Talk with PowerPoint
- Option 4 – 3hrs Talk with PowerPoint and somatic experience

Requirements: mic, speakers, phone connectivity, whiteboard and pens, projector and HDMI cable.

Who is the World Doctor?

World Doctor, founded by Dr. Mario Alam, provides transformative health services focused on psychedelic medicine preparation, trauma healing, and holistic wellbeing. Dr. Alam's RESET Program offers a comprehensive approach through workshops, practitioner training, and retreats, serving as both a preparatory and integrative tool for supervised psychedelic therapy.



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With 20 years of experience as a medical doctor and certifications in Psychedelic-Assisted Therapies, Psychosomatic Medicine, Neuro-Linguistics, and Nutritional Environmental Medicine, Dr. Alam integrates Western medical expertise with insights from spiritual leaders, shamans, and medical pioneers worldwide. Dr. Alam has lectured internationally and was appointed to the Advisory Board of Mind Medicine Australia in early 2021.

Additionally, Embodying Psychedelia is Australia's leading networking event for professionals in psychedelic embodiment organised annually by Dr. Alam and the World Doctor team. Designed for practitioners and visionaries, this transformative gathering showcases top experts in psychedelic healing. Attendees benefit from a curated program of talks and workshops that integrate scientific knowledge with ancient wisdom, somatic practices, and shamanic traditions.

For more information visit www.worlddoctor.com